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May, 2017

Order Sons of Italy
Pikes Peak Lodge
#2870

Buona La Festa della Mamma! (Happy Mother's Day!)

Member News

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Members dined on delicious food from around the world at the Fourth Annual Culinary Passport Dinner hosted by our brother Chef Pete and the American Culinary Federation. The event was held on Saturday, April 29, at Penrose

Hall. A portion of the proceeds benefited Seeds Community Cafe, which is a pay-as-you-go, pay-it-forward model committed to giving people a hand up, not a hand out. In addition to feasting on scrumptious food, members enjoyed beautiful music by our brother Major Mandolin and had a chance to sample tasty wine and beer from around the globe. Thanks, Chef Pete and the AFC, for a fantastic evening and for supporting our community.

By Gina Knaack



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Congratulations to Sister Marilyn Munkres for being inducted into the Master's Weightlifting Hall of Fame!

If you ask Marilyn how she got into weightlifting, she will tell you, "It was a fluke!" Originally, Marilyn was a cross country ski racer for almost 10 years in Colorado, but often times, there wasn't enough snow on which to race and one time she even watched snow being trucked into Snow Mountain Ranch from Winter Park just so there could be a race. Frustrated, she decided to change to a sport that wasn't weather dependent. One day in 2002, while at a gym getting in shape, she requested a trainer. There she met Shane Rosselle who, after watching her do squats, introduced her to Olympic weightlifting. From that day on, she was hooked. Here was a sport that wasn't weather dependent. She trained hard, began to compete and over the next 15 years, she earned 10 gold medals in her age and weight class.



Marilyn attributes her success to many people. Her first coach was Andy Garcia who came to set up a weight-lifting program at the gym. After his untimely passing, she began training at the Olympic Training Center under Bob Morris, then under Evie Rae Tiffany of TrueStrength Weightlifting club, and finally under Oscar Chaplin III/ Dean Kruse at the OTC until that gym closed. She is currently training under Evie Rae Tiffany at JAKTMuscle Training Facility.



"I would also like to thank the coaches who stepped up to help out between gym and coach changes. Many thanks to the Eagles, OSIA, family, and friends for your support. This achievement would not be possible without your support."

Upcoming Events:

Fellow Lodge events:

Canyon City Lodge #2866

June - 10 Sons of Italy Golf Tournament at Four Mile Ranch Golf Course - 8 am

Denver Lodge 2075

July 31st - Joe Ciancio Jr Golf Tournament Indian Tree Golf Course [Download application/invitation](#)

Our Lodge Events:

May 8th—Lila Mori will be singing the National Anthem at the Rockies Game!!

May 27-29th—Come on down and see us at our Territory Days booth!

The State convention will be held at the Colorado Springs Marriot Hotel

June 2– 4, 2017.

Tuesday June 6, Next General meeting— Potluck for prospective new members from Territory Days and short meeting.

Announcements/ Lodge Events:



Forty members and guests played Bunco on Saturday, April 22 at the VFW. There were lots of great snacks, laughs, and many folks yelling, "Who's got the dollar?". Through member and guest participation in Bunco games this year, so far we have raised over \$435 for the Sons of Italy Foundation. Thanks, brothers and sisters! Our next Bunco game will be held on Saturday, July 15, 2pm at the VFW. Please call Terri Gioga at 719-594-4406 if you would like to play. For a complete list of Sons of Italy's national charities and other philanthropic efforts, please go to osia.org and click on Sons of Italy Foundation.

Our State convention delegates are: Mark Fini, Jennifer Strand, Rich Ward, Frank Locissano and Cheryl Malenky is our alternate. Contact Tony Rodasta at (719) 260-8773 if you are interested in playing Bocce on Friday, June 2nd.

Sky Sox is Saturday, June 17, 2017 is Star Wars Night Tickets are \$27 per person (\$17 for children 12 and under) and the price includes game ticket, parking pass, dinner, soft drinks and desserts. If you are planning to attend, you may send your payment to: Sons of Italy Pikes Peak Lodge #2870 PO Box 31311 Colorado Springs CO 80931. Alternatively, contact Tony Rodasta at (719) 260-8773 or trodasta@msn.com. Payment is due by the June 6th meeting or you can mail to our P.O. box (see last pg. for address). Make checks payable to Sons of Italy lodge 2870.

Columbus Day Bill Defeated Once Again This Year!

By Gina Knaack

HB17-1327, the bill to abolish Columbus Day, was defeated in the state House Local Government Committee on Wednesday, May 3 by one vote. The swing vote was cast by Representative Donald Valdez. So, please take a minute to email and/or call Rep. Valdez at donald.valdez.house@state.co.us or call 303-866-2916.

A bill to abolish Columbus Day, in some form or another, will most certainly be reintroduced in the Colorado legislature next year, and we will need Representative Valdez's help to defeat it again.

(Thank you to Gina and all the others in the Italian community who went up to Denver give a speech against this bill or to show support. You all made this happen!)

Recipe of the Month—Braised Oxtail Ragu Submitted by John Nicocia

Ingredients:

1 medium onion, chopped
2-3 cloves garlic, minced
2-3 bay leaves
1 large can diced tomatoes or 5-8 fresh tomatoes, diced
2 pounds oxtails
diced potatoes, carrots, celery, green beans.



Sauté 1 chopped onion and 2-3 cloves minced garlic in olive oil until onions are translucent (about 5-8 minutes on medium heat). Then add a large can of diced tomatoes or 5-8 fresh diced tomatoes. Add 2 or 3 bay leaves and salt and pepper to taste.

While the sauce is simmering, boil oxtails in a separate pot for about 20-30 minutes to boil out some of the fat. Drain and add to the sauce. At this point also add diced potatoes, carrots, celery, green beans. Any vegetables you want to add. Simmer entire dish for about 1 hour. Serve and enjoy.

Mothers Day Trivia: From the Animal Kingdom

A female oyster over her lifetime may produce over 100 million young.

A mother giraffe often gives birth while standing, so the new born's first experience outside the womb is a 1.8-meter (6-foot) drop.

Just like people, mother chimpanzees often develop lifelong relationships with their offspring.

Kittens are born both blind and deaf, but the vibration of their mother's purring is a physical signal that the kittens can feel - it acts like a homing device, signaling them to nurse.

Buy a lodge shirt!



All colors of the Italian flag!



Polos	\$20 including embroidery
Hoodies	\$40 pullover \$45 Zippered
Patch	\$10 Large



You can also order a large patch for the back of your hoodie.

Contact Tony Rodasta for information at 719/ 260-8773

If you have any exciting news you would like to share or to contribute to a section, please send an email to one of the editors listed on the front and we will do our best to get it in the next publication. ***A presto !!!***

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