



Volume 1, Issue 5

August, 2015

**Order Sons of Italy
Pikes Peak Lodge
#2870**

Ciao!

Congratulations to Diane Varlesi for winning our membership drive. She has won one ticket to our Anniversary Dinner. Way to go, Diane!

Lodge Highlights:

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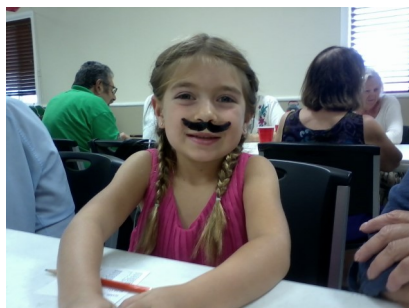
Thank you members who volunteered at the Marion House!

We helped serve lunch to over 550 people at the Marion House on Saturday, July 18th. There were eight from our lodge, and we were part of a 30 person team of volunteers. Some of us served food to the clients while others scraped and washed dishes, cleared off the tables and served desserts. It was a very organized operation and the same is done 365 days a year. Those in attendance were: Jim & Barbara Ambuehl, Tony & Jennie Rodasta, Mike Patti, Beverly Turner, Shirley Delahoyde and Bill Otto. When you see any of these people, ask them what they thought about this experience. We are planning on doing this once a quarter on a Sat. Watch for the next date.

The Sons of Italy Bunco game was held July 25, at the VFW Post 101. There were 27 participants, five of which were new guests. We had six tables, ample snacks and had a great time! See you at the next Bunco game October 17th. Mark it on your calendars NOW, so you don't forget. Thanks to all who played. The Event Committee

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One of our littlest participants, Alana.

Pat's on the Back— Elan Carlson

Elan is one of our newer members with such a fascinating life. In Elan's own words, "When I was a little girl, I traveled the country with my army dad (last of the Horse Calvary in WWII). I was gifted at eleven grammar schools with the most wonderful teachers ever invented. They were experts for all our basics and the truest inspirations for to embrace ourselves with the Arts. I studied theatre and ballet/jazz and went on to pro dance/acting theatre in Los Angeles where I was blessed with day jobs at Capital Records, NBC, Disney and our dear Burt Lancaster. I carried all the writing I learned from those early years to UCSD where I studied fiction and screen writing. With that move to San Diego, I took a temp job with a counseling firm and facilitated in night relationship groups—the greatest learning! Soon, I zoomed on to Santa Fe and Taos where I acted in film, writing a children's self-awareness book and enjoyed drawing/painting for two years. Too, I've wallowed in my love of movies all the years and took to writing screenplays. Two scripts have won six awards in 2015. Now the characters and I pray for production, so we can share their stories on the big screen!"



Elan is also a cartoonist and here are a few of her free-hand cartoons. Enjoy!



Recipe of the Month—Pasta !

This recipe was submitted by Mike Patti. This is a recipe his father used. (Does require that you have a pasta machine)

1 and 1/2 cups AP flour (I use 1/2 and half Semolina and regular flour)

2 eggs,

1/2 teaspoonful salt,

3/4 tablespoonfuls oil (olive oil)

3/4 tablespoonfuls water at lukewarm.



italian cuisine

Make a mound of the flour in a large mixing bowl, beat the eggs into the flour then add the salt, water and oil. Knead the resulting dough until plastic consistency. Let it rest in the fridge for an hour or so then run through your pasta machine. Enjoy with sauce (gravy) of your choice and lots of Chianti!

Cultural notes - August in Italy by Maura Fontanini Rodriguez

CHIUSO PER FERIE!! (CLOSED FOR HOLIDAYS)

This is a sign that you will probably see in many stores, businesses and all public offices in the middle of the month of August. It is **FERRAGOSTO**, one of the most important holiday periods for Italy and its citizens. The term **Ferragosto** derives from the Latin expression **feriae Augusti** (Augustus's rest) indicating a festivity set up by the emperor August in 18 BC. The ancient **Ferragosto** had the purpose of linking the main August activities, such as working in the field and harvesting, to a suitable afterward period of rest, also called **Augustali**, which is necessary after the hard labour of the previous weeks. The Catholic Church celebrates this date, the 15th of August, as a Holy Day of Obligation to commemorate the Assumption of the Blessed Virgin Mary, the physical elevation of her sinless soul and incorrupt body into Heaven. Before Christianity came into existence, however, this holiday was celebrated in the Roman Empire to honor the gods, in particular Diana, and the cycle of fertility and ripening. Starting from the second half of the 1920s, in the mid-August period, the regime organized through the Fascist leisure and recreational organizations, hundreds of popular trips due to the setting up of the "People's Trains of Ferragosto," at discounted price. This gave an opportunity for the less well-to-do families to travel and it was during these people's trips, that the majority of Italian families had for the first time the chance to see with their own eyes the sea, the mountains and the cities of art. **Ferragosto** is a Family Holiday. Today, **Ferragosto** is still honored as a feast day, and families take a short holiday, for those who are not off the whole month of August, and head to the beach for family time and parties. Of course, huge meals even in the hottest temperatures, are central to the festivities, as well as taking in the sights of the beautiful Perseid Meteor Shower, which takes place during this time and celebrating with extravagant firework displays.

Italian Phrases (provided by Maura Fontanini Rodriguez)

AL RISTORANTE /

ALLA TRATTORIA/ALL'OSTERIA

Enjoy your meal!	Buon appetito!
Salads / Appetizers	Insalate / Antipasti
Meat	Carne
Meat sauces	Sugo di carni
Meatless sauces	Senza carne
Fish and seafood	Pesci e frutti di Mare
Pasta	Pastasciutta
Vegetables	Verdure
Soups / Rice	Minestre, Zuppe / Risotto
Drinks	Bevande
Salt / pepper /oil / vinegar / bread / desserts	Sale / pepe / olio / aceto / pane / dolci
Flat noodles / Round long pasta	Fettucine / Spaghetti

PROVERBI DEL MESE:

tondo come la luna d'agosto

(round like the August moon) to describe someone with a particularly round face.

la prima acqua d'agosto rinfresca

il mare e il bosco (The first August rain refreshes the sea and the woods); **Agosto** is also the time of the first rains that bring relief from the **solleone** (hot sun) and create the right conditions for wild mushrooms to grow.

Special Events:

ANNIVERSARY DINNER

August 22, 2015

6:00pm for Cocktails and 6:30pm Dinner

Price \$30.00 per person

La Bella Vita Ristorante 4475 Northpark Dr. 80907

Please make your check out to SOI Lodge 2870 you can pay at the August meeting or send it to the PO Box 31311 Colorado Springs, CO 80931

Last day to pay will be August 17, because we have to give the Restaurant a final count. If you sign up and haven't paid by the deadline we will have to remove you from the list. Come spend a fun-filled Saturday evening with all the brothers and sisters. We will have a little Mardi Gras celebration complete with beads and all the trappings. Beads will be given at the dinner to everyone, so wear your Mardi Gras colors if you have them such as yellow, purple, green or whatever you like.

If you need more information, call Jennie Rodasta at 260-8773 or email

trodasta@msn.com



A note from Rick Blessing regarding his August gigs!

"I wanted to get in touch with you all regarding the two shows I'm giving with the Trip Ziegler Quartet in town this coming August.

The first one is at "Open Kitchen + Craft Bar" at 503 W. Colorado Blvd. on August 15th from 8:00 to 11:00. A nice place with great cuisine with seating outside as well. .. and there's no door charge.

The second one I just landed, will also be with the Trip Ziegler Quartet in the Gold Room of the Wyndham Grand Hotel on 8 South Nevada Ave. this coming August 28th from 8:00 to 11:00 PM. This is a very cool Sinatra-like venue!

The show in the Gold Room will be a Sinatra lounge act that will include the kind of surprises that were laced throughout the (I'm happy to say) extremely well received Stargazers Theatre performance this past June 13th. The pittance door charge for this "great night of entertainment" will be \$10.00. And needless to say, I'd love to have you OSIA Girls, along with Major Mandolin, on board again to add to the show's fun!"

Of Special Interest: Charlene Pardo's father had a write-up done on him in the Catholic Relief Services newsletter. I'd thought that I would share with those of you who did not see the email.

WHEN HE WAS 8 YEARS OLD, SALVATORE NICITA LEFT HIS SMALL HOMETOWN of Santa Teresa di Riva outside Messina, Sicily, for America. Eleven years later, Sal, who grew up in a Jewish neighborhood in the Bronx, returned to Europe—but not to Italy and not with his family. At 19, he served with the 104th Infantry, which helped liberate Jewish prisoners from the Nordhausen concentration camp in Germany. He saw 195 consecutive days of fighting in France and Germany. After the war, Sal pursued an accounting career in Monterey, California, where he and his wife, Doris, raised two daughters in the Catholic faith. Sal's experience as an immigrant in the Bronx and an infantryman in war-torn Europe inspired him to live his faith by serving those around him. Recognizing a need in his community, Sal welcomed Italian immigrants into his home, and helped them translate and complete complicated tax forms. Many of Sal's clients paid him with freshly caught fish, produce from their gardens, or plumbing and electrical work. The Nicita family bought a freezer to store squid and trout, artichokes and strawberries, and shared their bounty with a local convent and neighbors in need. Many community organizations also benefited from Sal's generosity. When the Kiwanis Club decided to build a children's park in 1957, Sal had a vision. With a few phone calls and help from his friends at the Army Corps of Engineers, Sal found and moved a decommissioned train to the park. The train became a popular feature, so much so that in 2012 the community petitioned to keep the engine in the park. Although it is now partially fenced in, the steam engine is a testament to Sal's can-do attitude and commitment to his community. Sal learned about Catholic Relief Services through a parish appeal. He was greatly moved by our work during World War II. He and Doris began contributing to CRS because they wanted to support the global mission of the Church. When they established the Nicita Family Trust to support their favorite charities after their lifetimes, they included a bequest to CRS. Sal and Doris' vision and generosity created a legacy of love that continues to bring hope to the neediest corners of the world.

Upcoming Events

September 1—General meeting VFW 101 5:30pm dinner, 6:30 meeting

September 12—Lodge Picnic Nancy Lewis Park 1:30 pm

September 20th—Spaghetti dinner fundraiser at the Elks Lodge 309 11:00—5:00pm

Fellow Lodge's Events

Southern Colorado Lodge - Golf Tournament Sunday, August 16, 8am Walking Stick Golf Course. Please see their website osia2738.com for more info.

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If you have any exciting news you would like to share or to contribute to a section, please send an email to one of the editors listed on the front and we will do our best to get it in the next publication.
A presto !!!

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Newsletter designed
by Jennifer Strand